# IMPROVISATIONAL THEATRE RESUME Margot Escott, LCSW 3400 Tamiami Trail North, Suite 204, Naples, FL 34103

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#### **Education**

Craig Price – Center for the Arts, Bonita, Springs
Sarasota Improv Festival – Every year from 2011-2016
Improv Boston
SAK Comedy Lab
Stacey Smith
Jimmy Carrane
Gary Schwartz
Stephanie Anderson

## **Improv Presentations/Workshops/Clients**

#### 2018

- AVOW Hospice *Lighten-up with Improv*
- US Journal of Addictions Conference Las Vegas, NV Improv and Mindfulness
- US Journal of Addictions Conference Clearwater, FL Improv and 12-Step Recovery
- Collier County Health Department *Improv for Stress Relief*
- Florida National Association of Social Workers *Improv and Mindfulness*
- International Association of Insurance Professionals *Improve with Improv*

#### 2017

- US Journal Addictions Conference *Improv for Therapists*
- US Journal Addictions Conference *Improv and 12-Step Recovery*
- Toastmasters of Naples *Improve as a Toastmaster with Improv*
- Toastmasters of Bonita Springs *Improve as a Toastmaster with Improv*
- Yes, and Mental Health Conference Chicago, Il. *Playful Play*
- Collier county health department *Recovery from Trauma with Improv*

#### 2016

- Salvation Army Youth Program *Improv to Prevent Bullying*
- Boys and Girls Club of Naples Improv to Prevent Bullying
- Big Brothers Big Sisters of the Sun Coast *Improv to Prevent Bullying*
- Lake Avalon School *Improv to Prevent Bullying*
- Collier County EAP Workshop Naples, FL Coping with Stress (with Improv)
- City of Naples EAP Naples, FL *Managing Stress*
- US Journal Addictions Conference *Improv for Therapists*
- FGCU School of Social Work Fort Myers, FL Therapeutic Value of Improv for Therapists

#### 2014

- Temple Shalom Women's Club *Lighten up with Improv*
- Collier County Health Department *Lighten up with Improv*
- US Journal of Addictions Conference Everything I know about Stress Management I learned in Improv Comedy

### **Teaching Experience**

Margot Escott is a clinical social worker with a private psychotherapy practice in Naples, Florida since 1983. She has presented workshops and classes on "The Healing Power of Laughter and Play" around the country since 1987. She has appeared on TV and radio and is the host of the podcast "Improv Interviews". She is an improv teacher and has provided training for a variety of clients including: the City of Naples, Collier County Health Department, Centers for the Arts Bonita Springs, Florida NASW, US Training Journal, Toastmasters, Collier County Public Schools, Boys and Girls Club of Naples, Jewish Women Association Naples.