### Presentations - Workshops and National Conferences Margot Escott, LCSW

Margot Escott incorporates over 30 years of experience as a speaker, counselor, and teacher. Her presentations, workshops and national conferences are designed to use humor, play and improvisational theatre exercises and games to achieve wellbeing. She has presented workshops and seminars on "Therapeutic Value of Humor and Play" on a national level and was a featured speaker at the Chicago "Yes, and" conference on Improvisation and Mental Health.

For more information on booking Margot Escott as a speaker, call (239) 434-6558 or margotescott@mac.com

MARGOT ESCOTT, LCSW PRESENTATIONS – WORKSHOPS - NATIONAL CONFERENCES

#### **UPCOMING WORKSHOPS/PRESENTATIONS 2019**

"Improv Therapy for Parkinson's Disease" Rehearsals for Growth - 4th Annual Conference - October 19-20 Hartford, CT (2019

## **RECENT WORKSHOPS/PRESENTATIONS**

"Improvisation Therapy for MSA Patients" MSA Coalition - 30th Anniversary Family Conference - September 27 & 28 (2019) Orlando, FL

"Playful-Play," "Improv for ASD," and "Improv for Parkinson's" Florida Recreation and Park Association (FRPA) Annual Conference - Orlando, FL (August 2019)

"Improv Laugh Therapy for Wellness"

The Arlington – Naples, FL (2019)

*"Improv Laugh Therapy for Wellness"* MS Center of Southwest Florida – Bonita Springs, FL (2019)

*"Mindfulness to Rest the Mind"* (Winter & Spring Workshops) Collier County Health Department - Naples, FL (2019)

*"Coping with Work Place Stress"* (Winter & Spring Workshops) Collier County Health Department - Naples, FL (2019)

"Improv for Therapists" Avow Hospice- Naples, FL (2019) *"Improvisational Theatre Games for people with Parkinson's Disease, MS, ALS and their care partners" The Florida Recreation and Park Association Annual Conference - Orlando, FL (2019)* 

**\*\*\*Ethics and Prevention of Medical Errors in Behavioral Health**" National Association of Social Workers (NASW)- Naples, FL (2019)

"Improv for Wellness for Teens" "Improv for Wellness for Adults" "Improv for Parkinson's, MS, ALS & Care Partners" (Multi-Week Classes) The Naples Players - Naples, FL (2019)

*"Improv for Parkinson's & Care Partners"* (Monthly Introductory Classes) Parkinson's Association of SWFL- Naples, FL (2019)

\*"*Prevention of Medical Errors in Behavioral Health*" Gulf Coast Mental Health Counselors- Fort Myers, FL (2018)

*"Improve with Improv"* International Association of Insurance Professionals - Fort Myers, FL (2018)

"Improv & Mindfulness" "DSMV 'Diagnostic and Statistical Manual of Mental Disorders' (At the Movies)" US Journal of Addictions Conference - Las Vegas, NV (2018)

*"Improv and 12-Step Recovery" "Improv and Mindfulness"* US Journal of Addictions Conference - Clearwater, FL (2018)

*"Improv for Anxiety" "Improv for Parkinson's, MS, ALS & Care Partners"* (Multi-Week Classes) The Naples Players - Naples, FL (2018)

*"Improv for Parkinson's & Care Partners"* (Monthly Introductory Classes) Parkinson's Association of SWFL- Naples, FL (2018)

*"Improv and Mindfulness"* Florida National Association of Social Workers - Fort Lauderdale, FL (2018)

*"Improv for Stress Relief" "Mindful Coloring Books"* (Monthly Workshops) Collier County Health Department - Naples, FL (2018)

"Improv and Acting for ASD" "Improv for Parkinson's, MS, ALS & Care Partners" (Multi-Week Classes) The Naples Players - Naples, FL (2017) "Improv for Parkinson's & Care Partners"

(Monthly Introductory Classes) Parkinson's Association of SWFL- Naples, FL (2017)

*"Recovery from Trauma with Improv Theatre"* Collier County Health Department - Naples & Immokalee, FL (2017)

"Myths and Realties of Hospice Care" Vanderbilt Lutheran Church - Naples, FL (2017)

*"Improv and 12-Step Recovery"* US Journal of Addictions Conference – Clearwater, FL (2017)

*"Playful Play"* 'Yes And' Improv and Mental Health Conference - Chicago, IL (2017)

*"Improve as a Toastmaster with Improv"* Toastmasters of Naples – Naples, FL (2017)

*"Improve as a Toastmaster with Improv"* Toastmasters of Bonita Springs – Bonita Springs, FL (2017)

*"Improv to Prevent Bullying"* Boys & Girls Club of Collier County – Naples, FL (2016)

*"Improv to Prevent Bullying"* Lake Avalon School – Naples, FL (2016)

*"Improv to Prevent Bullying"* Salvation Army Youth Program – Naples, FL (2016)

*"Improv to Prevent Bullying"* Big Brothers Big Sisters of the Sun Coast– Naples, FL (2016)

*"Improv for Therapists"* US Journal of Addictions Conference – Clearwater, FL (2016)

*"Everything I Know about Stress Management I Learned in Improv Comedy"* US Journal of Addictions Conference - Colorado Springs, CO (2014)

**"DSMV (At the Movies)"** US Journal of Addictions Conference - Colorado Springs, CO (2014)

*"Humor in Recovery"* US Journal of Addictions Conference - Colorado Springs, CO (2003)

#### "Understanding the DSM (At the Movies)"

Ohio State University College of Social Work, Columbus, OH (2005)

#### **\***"Prevention of Medical Errors in Behavioral Health"

Ohio State University College of Social Work - Columbus, OH (2004)

#### "Myths & Realities of Hospice Care"

Stephen Ministries, Marco Island, FL (2003) Vanderbilt Lutheran Church - Naples, FL (2003)

#### "Myths & Realities of Hospice Care"

The National Association of Social Workers SW Chapter - FL (2002)

#### **\***"Prevention of Medical Errors in Behavioral Health"

The National Association of Social Workers (NASW) - (2002-2003) Tampa, FL Sarasota, FL Deerfield Beach, FL Jacksonville, FL Tallahassee, FL Pensacola, FL

#### **\***"Prevention of Medical Errors in Behavioral Health"

The National Association of Social Workers (NASW), FL (2001)

#### \*"Prevention of Medical Errors in Behavioral Health"

(Annual presentation) US Journal Training Inc. - Deerfield Beach, FL (2000-2007)

## "Healing the Inner Child through Humor & Play"

US Journal Addiction Conference - Santa Fe, NM (1999)

#### *"Strategies for Success - Motivation for Change"* Florida School of Addiction and Institute for Integral Development - FL (1999)

*"Strategies for Success - Motivation for Change"* Bradford Regional Medical Center - Bradford, PA (1996)

*"False Memory Syndrome vs. Repressed Memories"* Jewish Family and Children Services – West Palm Beach - FL (1995)

# "The Healing Power of Humor and Play"

(Two-Day Training) Fort Sam Houston - Austin, TX (1994)

#### "Healing Power of Play in 12 Step Recovery"

Texas Institute of Drug and Alcohol Studies - Austin, TX (1990 & 1992)

#### "Recovery through Humor and Laughter"

Bradford Pennsylvania Medical Center / Behavioral Health Services - Bradford, PA (1993)

*"Healing Power of Humor and Play for Parkinson's and their Caregivers"* North Dakota Parkinson's Association - ND (1991)

*"The Healing power of Humor and play in Recovery from Trauma"* Long Beach California Woman's Treatment Center - Long Beach, CA (1989)

*"Humor in Recovery"* The Women's Treatment Center - Bermuda (1989)

"Healing your Inner Child" Unity of Naples - Naples, FL (1989)

*"The Healing Power of Humor"* Naples Rotary, Naples, FL Kiwanis Club, Naples, FL (1989)

*"Recovery from Co-Dependency"* Unity of Naples, Naples, FL (1988-1989)

*"Understanding Addictions"* (Six-Week Seminar) Saint John the Evangelist Naples - Naples, FL (1988)

*"Healing the Inner Child with Play"* (Annual presentation) - Institute for Integral Development - Deerfield Beach, FL (1987-2007)

\*"*Ethics & Boundaries at the Movies*" (Annual presentation) - Institute for Integral Development - Deerfield Beach, FL (1987-2007)

*"Humor and Play in Recovery"* (Annual presentation) - Institute for Integral Development - Deerfield Beach, FL (1987-2007)

*"Diagnostic and Statistical Manual of Mental Disorders DSMV (At the Movies)"* (Annual presentation) - Institute for Integral Development - Deerfield Beach, FL (1987-2007)

"Healing the Inner Child with Laughter & Play" US Journal Addiction Conference - Clearwater, FL (1987)

"Healing the Inner Child with Laughter & Play" Unity of Naples - Naples, FL (1987)

*"The Healing power of Humor in 12 Step Recovery"* (One-Week Course) Florida School of Addiction Studies - Jacksonville, FL (1987)

# "The Healing Power of Laughter and Play"

Florida Alcohol & Drug Abuse Association - Tallahassee, FL (1987)

### "The Healing Power of Laughter"

Florida Alcohol & Drug Abuse Association - Tallahassee, FL (1986) David Lawrence Mental Health Center - Naples, FL (1986) Zonta Woman's Club - Bonita Springs, FL (1986)

# \*"Prevention of Medical Errors in Behavioral Health"

\*"*Ethics & Boundaries (At the Movies)*" Required for FL licensure